

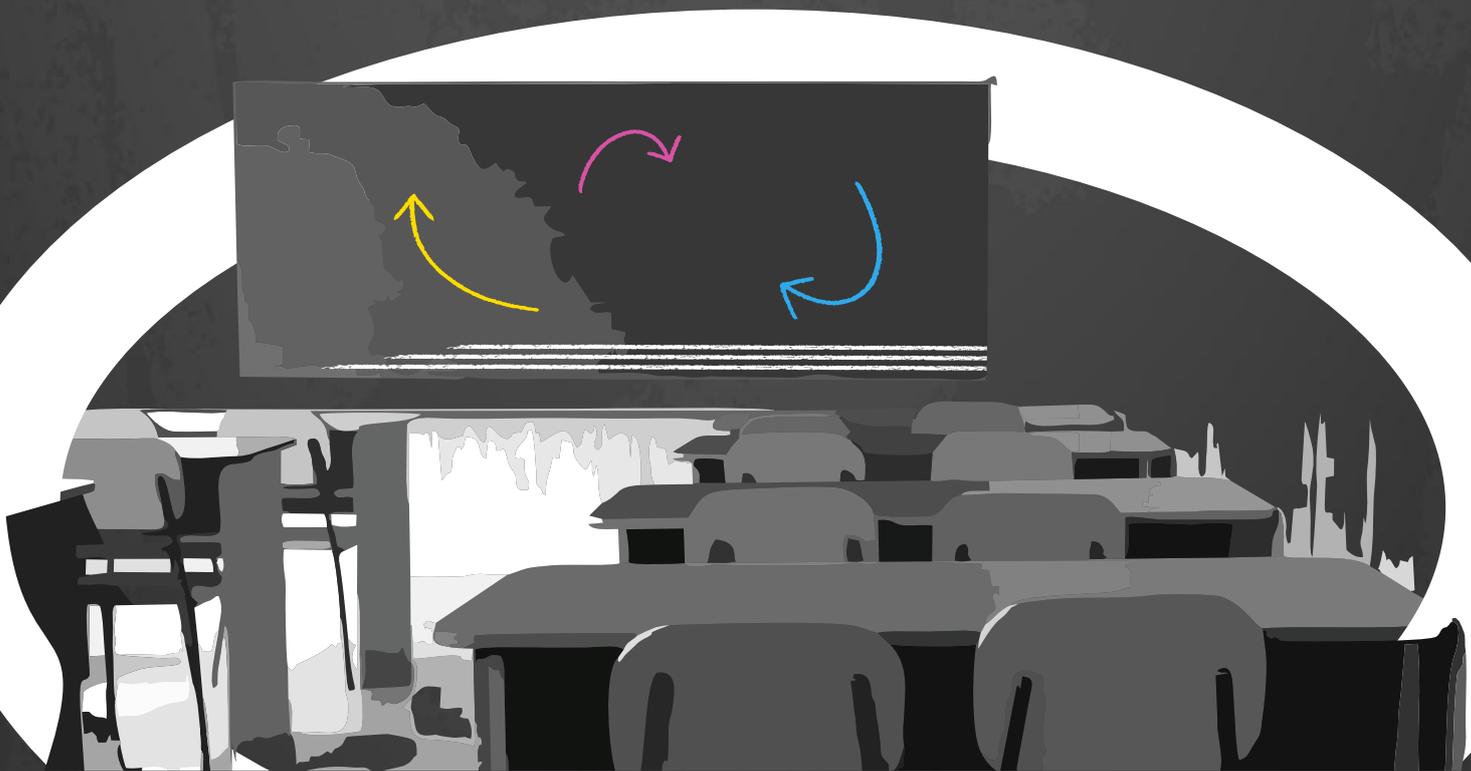


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# ACTIVITY AGAINST ENBYPHOBIA

**KITS AGAINST DISCRIMINATION  
OPEN EDUCATIONAL RESOURCES FOR TEACHERS**



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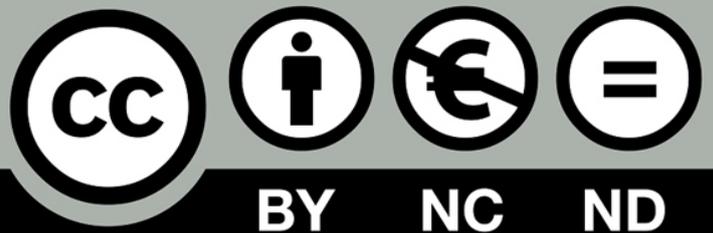
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# GENDER AND NUMBER

*In this activity, by reading some articles, we will try to understand and discuss gender as a sociological construction and intersexuality.*

**Level:** Easy. Secondary Education.

**Group size:** Small groups, from 3 to 5 students.

**Length:** 45 minutes.

**Topics:** Gender, intersexuality, hermaphroditism.

**Objectives:**

- Understanding that gender is a social construction that serves to identify and classify people.
- Knowing the reality of human sexuality beyond male-female dimorphism.
- Reflecting on gender identity.
- Learning to respect diversity.

**Materials:** Copies of the articles and/or access to the internet to access the links or look for more information. Writing tools.

**Preparation:** Printing one copy of each article.

## Instructions:

Divide the classroom into groups and provide each of them with a copy of one of the articles listed in the “resources” section. Each group will have to read and synthesize the main ideas of the articles assigned to them, so they can later expose them to the rest of their classmates. They should be invited to underline the texts and take notes on what they consider most important and significant.

Being able to access the internet to clarify concepts or seek additional information is positive, as long as it is not a distraction or causes unnecessary digressions.

## Sharing:

After a reasonable time to read the articles, synthesize the main ideas, and clarify doubts;

sharing must serve for each group to present to the rest of their classmates the summarized content of what they have read. Everyone will be invited to ask questions about what is being explained, and once all groups have presented the summary of their article, the teacher should open a debate on the objectives of this activity:

- Gender, which we usually associate with masculine and the feminine, is a social construction that is understood in different ways and numbers in other cultures, as in the examples show, where up to five genders are recognized.
- In most cases, the gender with which we are perceived by others and the one with which we identify ourselves is the same, but they can be different. In this case, conflicting or unfair situations may arise for people who do not adapt to our gender stereotypes, and we may have negative behavior caused by our own prejudices towards what we don't understand or reject.
- The gender identity with which we perceive ourselves can change throughout life and does not have to match the mainstream socially accepted parameters. It is the right of each person to decide on their own identity. Accepting and respecting it is something extremely positive for tranquility and personal and collective well-being.
- Biologically, the determination of sex is a simple matter in most cases, but in others it is complex due to the intervention of various issues related to genetics, physiology, and psychology.
- Sex, gender, and sexual orientation are different issues, and they can give rise to different combinations in each individual.

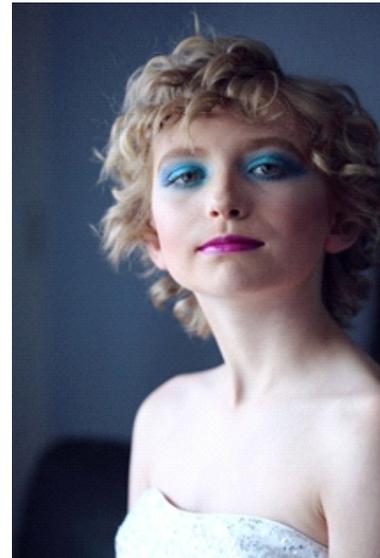


Photo by [Alexander Grey](#) in [Unsplash](#)

## **Tips:**

Some parts of the articles in this activity deal with issues related to medicine, so it would be necessary to emphasize

that medical details are not the main objective, nor to dwell on rough details.

As these are sensitive topics that can affect someone close to you or even members of the group, it is advisable to exercise caution when giving examples or inviting people to talk about their personal experiences. Respect for privacy and not publicly exposing anyone is essential.

### **Variation:**

You can search for other articles related to gender and/or intersexuality.

### **Ideas:**

As a complement to this activity, it can be very instructive and interesting to invite someone who has had to face enbyphobia or transphobia problems. Contacting a nearby LGBTQ+ entity could provide you with the contact.

### **Resources:**

#### ARTICLES ABOUT GENDER AND INTERSEXUALITY:

- [El lugar del mundo donde la gente reconoce 5 géneros](#)
- [Los nativos americanos reconocían cinco géneros](#)
- [No, hermafroditismo e intersexualidad no son lo mismo \(aunque se usen como sinónimos\)](#)
- [Intersexualidad](#)
- [Cuerpos sexuados: La política de género y la construcción de la sexualidad](#)
- [Money, John and Anke Ehrhardt](#)



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