

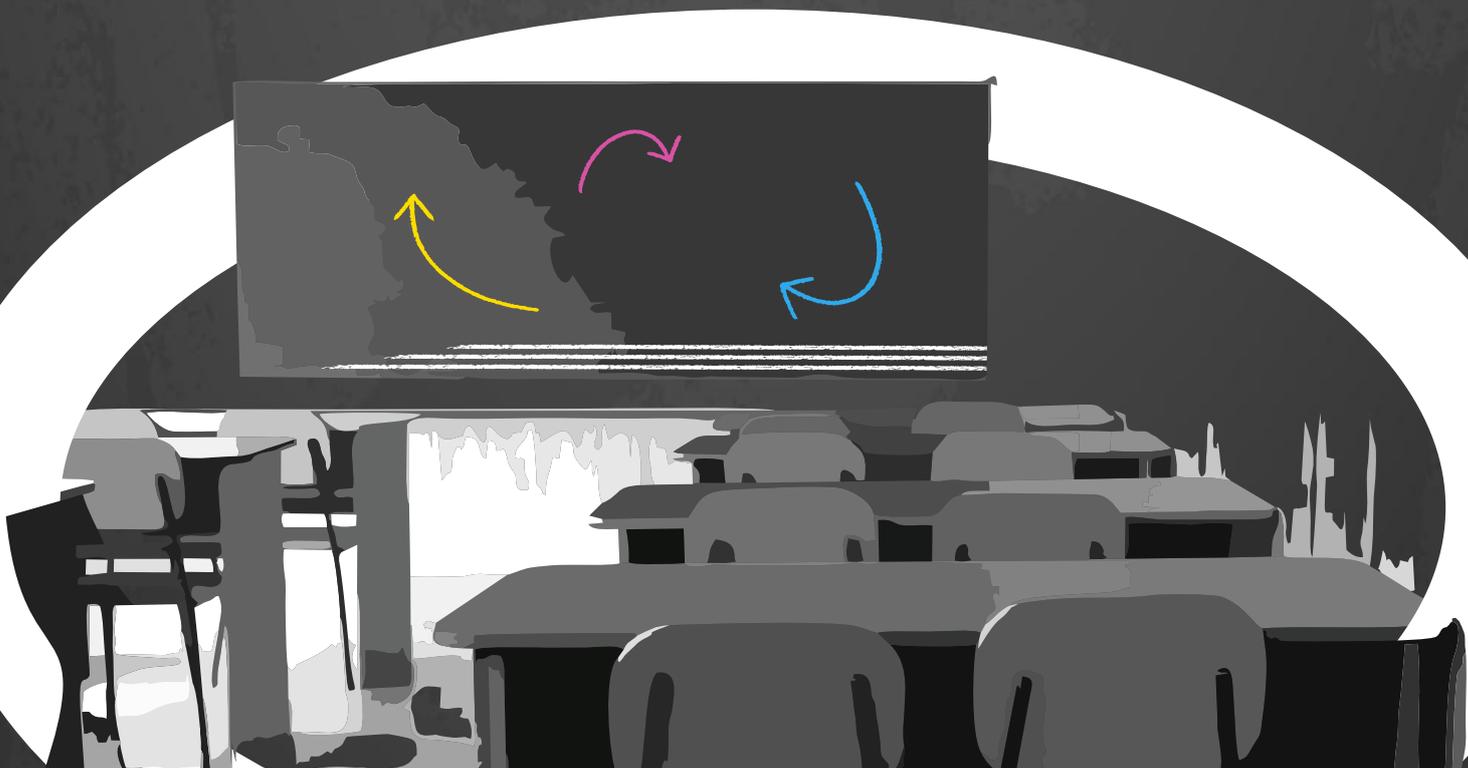


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ACTIVITY AGAINST ISLAMOPHOBIA

**KITS AGAINST DISCRIMINATION
OPEN EDUCATIONAL RESOURCES FOR TEACHERS**



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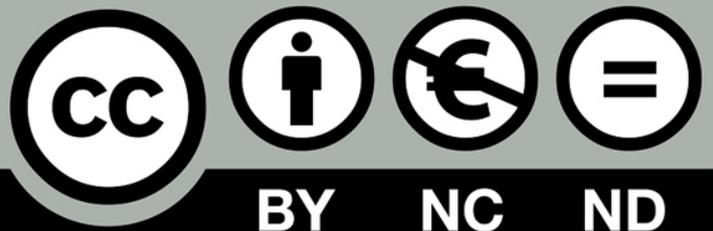
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MUSLIM CUSTOMS

One of the best ways to fight racism is knowing other cultures. We will fight islamophobia by knowing muslim customs and traditions.

Level: Easy. Secondary Education.

Group size: Indifferent.

Length: 45 minutes.

Topics: Anti-racism, islamophobia, knowledge of other cultures, muslim customs.

Objectives:

- Fighting islamophobia and ignorance by knowing diverse muslim customs.
- Understanding that knowing other cultures, countries, and people is the best way to work against racism and xenophobia.

Materials: Internet access and writing tools.

Preparation: Print as many copies of the materials from the “resources” section as work groups you want to create.

Instructions:

Distribute the copies of the sheet included in the “resources” section, explaining that this is an exercise to learn about some aspects of the muslim culture, looking for the definitions of the words that appear, and some of the culture's unique food customs. A reasonable amount of time can be given for students to complete the exercise, or the end can be brought forward to save time, so all needed explanations can be provided in the sharing section.

Sharing:

It has to serve for all participants to get to know all the concepts and ask any doubts they have about them. The objective is to expand the knowledge about the muslim culture, which is directly related to religious practice. Regardless of the individual beliefs of each

person, learning about the customs of other cultures is important to understand them by eliminating prejudices.

Tips:

It would be convenient for the teacher to inform themselves in depth about the concepts of the exercise and other aspects of the muslim culture before doing it, so he/she is able to deal with the doubts and motivations that arise with adequate precision and length. With this, he/she can also contribute to arouse the inquisitive curiosity of the students.

Variations:

The activity can be carried out both individually and in small groups. One can also expand or reduce the concepts attached to adapt them to the time available for the activity.

Ideas:

Beyond carrying out this activity in the classroom, it could be very rewarding to visit a building related to the muslim people or inviting a member of the muslim community to the school, so they could make an approach to their culture and clarify doubts or comments from the students.



Photo by [Ekrem Osmanoglu](#) in [Unsplash](#)

Resources:

KNOWING THE MUSLIM CULTURE

Look online for the meaning of the following concepts:

Salam:

Islam:

Muslim:

Zakat:

Hammam:

Ramadan:

Halal:

Sunna:

Hajj:

Shia:

Sunni:

Isa:

Hijab:

Khitan:

Eid al Adha:

Each culture has its own food customs. Find and write down some specifics of the Jewish culture that have caught your attention:



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